SEC Form 4	
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Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

STATEMEN	OMB Number:	3235-0287							
•		Estimated average burden							
Filed	pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940		hours per response:	0.5					
2. Issuer Name and Ticker or Trading Symbol 5. Relationship of Reporting Person(s) to									

1. Name and Address of Reporting Person [*] Chang Christine			2. Issuer Name and Ticker or Trading Symbol <u>HF Foods Group Inc.</u> [HFFG]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) C/O HF FOODS GROUP INC 6325 SOUTH RAINBOW BOULEVARD, SUITE 420		· · · ·	3. Date of Earliest Transaction (Month/Day/Year) 04/15/2023	X	Officer (give title below) Chief Compliance C	Other (specify below) Officer & GC		
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person				
(Street)		00110			Form filed by More th Person	an One Reporting		
LAS VEGAS	NV	89118	Rule 10b5-1(c) Transaction Indication					
(City)	(State)	(Zip)	Check this box to indicate that a transaction was made pursuant satisfy the affirmative defense conditions of Rule 10b5-1(c). See			lan that is intended to		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction		Transaction Di Code (Instr. 5)		Transaction Disposed Of Code (Instr. 5)		Disposed Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150. 4)		
04/15/2023		A ⁽¹⁾		38,860	A	\$3.86	88,691(2)	D					
04/15/2023		M ⁽³⁾		9,134(3)	A	\$0 ⁽³⁾	97,825	D					
04/15/2023		F ⁽⁴⁾		2,709	D	\$ 0	95,116	D					
04/15/2023		F ⁽⁵⁾		2,539	D	\$ <mark>0</mark>	92,577	D					
	Date (Month/Day/Year) 04/15/2023 04/15/2023 04/15/2023	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) 04/15/2023 04/15/2023 04/15/2023 04/15/2023	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transa Code 8) 04/15/2023 A ⁽¹⁾ 04/15/2023 M ⁽³⁾ 04/15/2023 F ⁽⁴⁾	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transation Code (Instr. 8) 04/15/2023 A ⁽¹⁾ 04/15/2023 M ⁽³⁾ 04/15/2023 F ⁽⁴⁾	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. Disposed Of 5) 04/15/2023 Code V Amount 04/15/2023 A ⁽¹⁾ 38,860 04/15/2023 M ⁽³⁾ 9,134 ⁽³⁾ 04/15/2023 F ⁽⁴⁾ 2,709	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (IIIST: 8) Disposed Of (D) (Instr 5) 04/15/2023 Code V Amount (A) or (D) 04/15/2023 A ⁽¹⁾ 38,860 A 04/15/2023 M ⁽³⁾ 9,134 ⁽³⁾ A 04/15/2023 F ⁽⁴⁾ 2,709 D	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) Disposed Of (D) (Instr. 3, 4 and 5) 04/15/2023 Code V Amount (A) or (D) Price 04/15/2023 A ⁽¹⁾ 38,860 A \$3.86 04/15/2023 M ⁽³⁾ 9,134 ⁽³⁾ A \$0 ⁽³⁾ 04/15/2023 F ⁽⁴⁾ 2,709 D \$0	$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	$ \begin{array}{c c c c c c c c c c c c c c c c c c c $				

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, ca	lls, warrants,	, options, c	onvertibl	e securities)
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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)		of Deriv Secu Acqu (A) of Dispo of (D)	erivative scurities cquired sposed (D) str. 3, 4		7. Titl Amou Secur Unde Deriv Secur 3 and	int of ities rlying ative ity (Instr.	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Represents a grant of restricted stock units; vests in one-third increments on each of the first three anniversaries of the grant date of April 15, 2023.

2. Reflects an adjustment to include 6,421 shares the reporting person was entitled to pursuant to their employment agreement awarded under the terms of the restricted stock units granted on September 1, 2022. Also includes an adjustment to dispose of 185 shares withheld to satisfy the tax obligations upon the vesting of performance stock units on January 31, 2023.

3. On November 15, 2022, the reporting person was granted 27,401 performance stock units with each unit representing the right to receive one share of common stock, one-third of which vested on April 15, 2023.

4. Represents shares withheld to satisfy tax obligations upon the vesting of performance stock units performance stock units described in footnote 3.

5. Represents shares withheld to satisfy tax obligations upon the vesting of restricted stock units.

Remarks:

/s/ Christine Chang

** Signature of Reporting Person Date

04/18/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.