SEC Form 4

Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-028									
Estimated average burden									
hours per response:	0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			01.36	clion 30(n) of the m	vesiment Con	Ipany Act of 1940				
1. Name and Address of Reporting Person [*] Chang Christine				er Name and Ticke Foods Group	0			tionship of Reportin all applicable) Director	10% (Owner
(Last) C/O HF FOOI	(First)	(Middle)		e of Earliest Transac /2023	ction (Month/E)ay/Year)	X	Officer (give title below) Chief Comp	Other below	,
6325 SOUTH 420	RAINBOW BO	DULEVARD, SUITE	4. If Ar	nendment, Date of	Original Filed	(Month/Day/Year)	6. Indiv Line) X	ridual or Joint/Group Form filed by One		
(Street) LAS VEGAS	NV	89118						Form filed by Mor Person	e than One Rep	orting
LAS VEGAS	IN V	89118	_ Rule	e 10b5-1(c) ⊺	Fransacti	on Indication				
(City)	(State)	(Zip)				ction was made pursuant to a ns of Rule 10b5-1(c). See Ins			plan that is intend	ed to
		Table I - Non-Der	ivative S	Securities Acq	uired, Disj	oosed of, or Benefi	cially	Owned		
1. Title of Securi	ty (Instr. 3)	2. Tra	nsaction	2A. Deemed	3.	4. Securities Acquired (A		5. Amount of	6. Ownership	7. Nature of

T. The of Security (insu: 3)	Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Code (Disposed Of (D) (Instr. 3, 4 and 5)			Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130. 4)
Common Stock	03/31/2023		M ⁽¹⁾		3,489	A	\$0 ⁽¹⁾	44,630(2)	D	
Common Stock	03/31/2023		F ⁽³⁾		1,035	D	\$3.92	43,595	D	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Performance Stock Units	(4)	03/31/2023		M ⁽⁴⁾		3,489		(5)	(5)	Common Stock	3,489	\$0	13,958	D	

Explanation of Responses:

1. On September 8, 2021, the Reporting Person was granted 20,937 performance stock units with each unit representing the right to receive one share of the Issuer's common stock, one sixth of which vested on March 31, 2023.

2. Includes Restricted Stock Units vesting in three equal installments, with the second installment vesting on September 8, 2023.

3. Represents shares withheld to satisfy tax obligations upon the vesting of performance stock units described in footnote 1.

4. Vesting of performance stock units described in footnote 1.

5. Vest based on issuer meeting certain performance metrics for the fiscal years ending December 31, 2022 and 2023 established by the issuer's compensation committee

Remarks:

/s/ Christine Chang

** Signature of Reporting Person

<u>04/04/2023</u> Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.